# 而 ADVERTISER'S SATURDAY PAGE OF SPORTS

## TRAINING FOR POLE VAULTING Young Men's Christian Associa- The Iolani College Association

#### How To Make Ready Winners for the Sport Now so Popular in the Grecians were among the first to this afternoon on the cricket ground at bring the physical into prominence. The Makiki at 4 o'clock. The opposing team Island Athletic Events.

central approaches, work should

sens in the gymnastum. The arm like a long run, and depend entirely on speed to take them over the bar, while others take a short sprint and throw all their force and energy into the leap. But whichever method is adopted, both the take off and the bars and starting point remain fixed spots on the runway, and must be experimented; with until found, and then carefully

Whether in practice or in competi- Olympic games had time for nothing else. An effort is being made to arrange regtion, and no matter what height the bar may be, the pole should always The Chinese (1990 B. C.) at an early date ular practice evenings at Makiki and to Tredway, 2; W. Stone, 2; W. Wright, bow. done by stepping up to the posts and and juggling were most prominent, matches. As the season advances it is holding the pole upright until it touches the bar. Let it fall back then and grasp as we have knowledge of their existence both old and ne-will be attracted to the with the lower hand one foot below point where it touched the cross-For a vaulter who takes off ing the body. with the left foot, the lower hand is the left hand. For a man who takes off with the right foot, it is just the

Having measured the pole the athlete seizes it with both hands, thumbs up, sweat what they might purchase by the left hand forward at the spot indicated, and the right hand from two and half to three feet farther up. then retreats to the spot which he has termined upon as his starting point. He stands in the middle of the run- else had a downfall; the reaction toward dale, Woods, Fiddes, forwards. the uprights, and he fixes his eyes on the bar. From this moment he does his leap. He should never look to see where he is placing the pole to vault by an ardent pursuit of classical litera-The pole will take care of itself.

For going down the runway with the Early in the sixteenth century physical pole styles differ. Some vaulters hold education had such defenders as Martin anticipated, show very prominently. Still, the pole well up over the chest, while the pole well up over the chest. the pole well up over the chest, while others hold the pole well down. The novice will find it better to keep his right or higher hand well up under his Friedrich Jahn, called the Father of its of the different institutions. Iolani head. The athlete starts down the run- Modern Gymnastics, began his work in way at full speed, and when he reaches Berlin in 1810 and soon had many follow- similar fixtures in the States and elsehis take off he plants pole firmly into the ground with all his force and springs straight for the cross piece. The springs straight for the cross piece. The moment his body leaves the ground the numbers its members by tens of thou- a large number of athletes whose record right arm stretches taut and his body of the body as it rises is a turning one. the object being to twist and face the tics are the Swedish, German, Dr. Sarpole, so that the heels may be lifted gent's and the Dejsarte. The last named,

plain sailing. You have either made the expression of the emotions through your vault, or you have not, and all the body." you have to do is to fall free, or bring The physical work as carried on in the certed to find that the half-mile, for down the bar with you. No effort that colleges and in the Young Men's Chris- which he had also entered, was being the athlete can now make to avoid the bar will avail him, as the motion, in mid-air is practically uncontrollable at the various systems. The training of falled at about 4 feet 6 inches, although at the body is done on scientific principles: as a rule quite reliable as high as 5 feet is easy to learn how to fall limp into every exercise given is for a desired rethe soft ground below, and there is suit. never any danger attending this drop.

athletes there frequently bring the hand in the easiest, most natural and sci-lower hand up above the other. Better entific way possible. secords have often been made by this

ce should not vault oftener than fifteen men who do not get it. times a day, and he should never work with the pole more frequently than three classes and splendid equipment, ought to core that the sales of Number 2 were well times a week. On the intervening days appeal to every man in the city. Hun- in advance of the first number and that the event, which he should do light work at sprinting, dieds of dollars in doctors' bills might be then raise the bar, as it is frequently

tion Well-Known Director Reviews History's Pages.

by the Greeks. was wrought by professionalism. Plate individual units into a tells us that those practicing for the whole.

measured before vaulting. This is were induiging in athletics. Wrestling set aside an afternoon weekly for bow. as we have knowledge of their existence both old and ne-will be attracted to the spent no small amount of time in train-

> of large bodies, powerful in sudden ex- is the only game which has any right to ertions, but impatient of toil and labor, deeming it base and spiritless to earn by misnomer. blood. So we see that the sport of the as follows Germanic tribes, like the Romans, was largely military.

In the fifteerth century physical exerremove his gaze from the pine stick | ceed, it was received with contempt and from the handkerchief which may classified with the brutish. Mental devel- Fook, halfbacks; Ah Sang, Bolster, hanging from it, until he has made opment was sought after, characterized dergen, Smithies, Lendin, forwards. ttre.

however, is not a system of gymnastics, After the pole has been let go all is but, as Delsarte's daughter said, "It is take place simultaneously. In one case

inlu outdoor exercise is most beneficial |cd.

It is not permissible in vaulting in Mountain climbing, golf, tennis wheeling tmerica to move the upper hand on and aquatics should be practiced more. pole. The lower hand may be But for those who cannot take time for up, however. In England cut-door exercise the gymnasium affords climbing" the pole is allowed, and comple means for recreation. The work is

Those of sedentary occupations are generally sadly in need of systematic physi-When training for this event the nov- cal exercise, and they are usually the

The gymnasium, with Take every height three times, and saved by taking regular daily exercise. A. J. COATS. No rais can be set down for mark after failing at the point below. | Association.

Football Club to Hold its First Meeting This Afternoon.

tind of physical recreation. The early Club plays its first match of the season ports started as part of the religious cer- contains the names of many well-known emonies and developed into the well- extonents of the game and a closely conknown Olymplad. For centuries events trated struggle is expected. The Iolani and time were reckoned by Olympiads in- team is a light but speedy one. It has stend of years, showing their prominence been practicing regularly for about six In the Greek mind, Boxing, wrestling and weeks, but the limited number of players in Rome the "ludi" were similar to the therefore be the first time the full eleven velved bloodshed and death. The down. necessarily a source of weakness to the will be composed as follows: fall of both Grecian and Roman sports team, but a few games should bring the

The Germans, Tacitus wrote, were men football. As a matter of fact, Association ments have long made the appellation a

R. Anderson, goal; B. Bradmore, W. Soper, backs; J. Lennot, McLean, F. Sey-

Mr. V. H. Kitcat will referee.

meeting of last Saturday did not, as was ing conducted in the same manner ford a final test of the merits of the competitors, which is utterly defeated by any system of handicapping.

It was an unfortunate which made it possible for two events to one of our men who was engaged in the high-jump competition was totally disconcerted to find that the half-mile, for 3 or 4. Thus not only was he unable to er and his inseparable melofina. Allan take part in the half-mile but his chances Dunn has promised to step in just in the high jump were seriously discount-

Such disabilities and misfortunes are not offered as an excuse for the positions our boys took, though in some way affecting it.

The next number of the Iolani Magaine will appear on November 2d and will interest, a biography of Mr. Armstrong Smith, who was formerly a master at Ioleni, and an account of the trip of the the list of annual subscribers is steadily hereasing. Number 4 will contain a photegraph of the football team, which will possible for a man to clear a higher Physical Director Young Men's Christian have played several matches by that time. L. G. BLACKMAN.

## COATS TALKS ON IOLANI COLLEGE FOUR-OARED RACE STRIVING HARD THIS AFTERNOON

#### The Islant College Association Paophall Renear's and Jarrett's Crews to Row for Honors and the Chowder Bows This Evening.

race between crews coached by agones" of the Greeks. The Romans en- has worked together and the complete be brought off this afternoon in the joyed the more brutal sports which in- combination is still to be tested. This is harbor about 5 o'clock. The two crews

Renear's boat-T. Lloyd, stroke; F. Woodbridge, 3; F. West, 2; George

Up to a late hour last night it was

uncertain if J. Lloyd would enter a enew in the race or not. The race starts from the inside can

buoy near the Railroad wharf and will be rowed up the harbor to an imaginary line drawn from the Healani boat house to a point just outside the lighthouse. The distance is about fiveeighths of a mile. Both crews are composed of green

men but their condition is such as to warrant a race worth seeing and a large crowd is expected to be present to witness the finish. The reward is honor. In the evening a smoking concert and

fish chowder will be held at the club house which all members are requested to attend. All the money necessary Lloyd Conklin and John Waterhouse. has been subscribed, so no one need feel

The ball opens at 8 p. m. and from then on fun and goodfellowship will wrestle for precedence in the evening's doings. There will be new songs and old songs and instrumental entertainment and speechmaking. Everyone

follow with a bass solo. Chas. Frazier of the club in the near future. I menmandolin and melofina duet, "Give Us the occasion by Woodbridge and West, will then be sung by the entire club. After a while Messrs. Gleason, Williams, Walcott and Johnson will contribute their latest success, "If we only had a Propeller in our Boat." After der a spasm of funnyisms. Music will then supervene, created by Joe Marinabout this time arrayed in his sweetest smile. Messrs. Walter Dillingham, Jack Prouty, Ike Dillingham and Robert Atkinson, the "Healani" Quartette, will appear during the evening and render the latest Eastern successes. Among the host of individual talent booked to help the evening along are Messrs. Renear, S. S. Peck and his zither, Lloyd, Gleason, Boisse, Jim Gorman (you know him) and Walter Doyle. 'Twill be a hot old time.

thusiastic over the rowing outlook. To a reporter, yesterday, he said:

"In fifteen years of rowing I cannot vertiser office.

THE much talked of four-oared shell recall a time when there has been so much rowing in the harbor as there is Dan Renear and Paul Jarrett will today; that is, of course, after the championship and Regatta Day races. Both my club and the Myrtles have more men practicing than ever before. A healthy result of this practicing is that a lot of new men are eager tohave a tryout to see what they can do, and as a consequence the good old racing spirit is quickened.

"Three senior men, J. Lloyd, Dam Renear and Paul Jarrett, have been coaching three crews. The plan has been to have one of this year's juniors and three green hands in each boat, The work of these crews is of course not gilt-edged, but taking everything into consideration, the men are making a good showing, and all have the making of oarsmen. The Myrtles are showing up better than our men in consequence of their four boats being filled by experienced men. New men must make a start sometime, and this sort of second season will prove invaluable in building the club up.

"In addition to our three adult crews there are three juvenile crews practicing daily under the supervision of They row, of course, in barges. That gives us six crews and the Myrtles four, representing a total of nearly sixty men doing active rowing. Not bad for the middle of October, eh?

"There are more men bathing just now than I ever remember seeing before. The boathouse is crowded every night, and on Sundays it is literally packed. A pontoon with a springboard attached was placed in the water yesterday, and swimmers will find it very tion these facts just to let you all see how things are going ahead with us

"So many visitors come to the boathouse these days that it looks as if we should have to enlarge our quarters before long. As things are at present, locker room, boat room, and even sixting room are at a premium."

CALENDAR OF SPORTS. October 20-Association football, lani College against Honolulu; Makik? at 4 p. m. Rowing, Healani Club mem-

November 7-Annual tennis tourna ment, class doubles. November 10-Football, Maile Tunner against Artillery.

November 17-Football. against Punahou. 24-Football. November against Maile Himas. November 29-Racing at Kapiolani Park. Football, Oahu College against Punahou Alumni,

The Advertiser aims to give the latest and most reliable sporting news. Articles on live sport, written especially by experts, will from time to time ap-Captain Atkinson is particularly en- pear in its columns. Contributions one local sport are invited and will beprinted if suitable. Address all communications to the Sporting Editor, Ad-

### ANIEL WEBSTER AND CONGRESSMAN TAWNEY ON THE LEADING QUESTION

RESIDENCE OF INDOM.

professional and result; and to hear the gentleman mainthe right of trial by corpus, and every prininferred, increases my surprise. protect personal liberty to of the Constitution new Territory.

text of Daniel from time to time, new Territories have in regard to the Territories that are ut. of year 10, nays 25, there being no absen

give an extract from the of Territories have always been established by a law of Congress. I do not say that while we sit here to make laws for these Territories we are not bound every one of those great principles le liberty.

But they do not exist in Territories till introduced by the authority of Congress. These principles do not proprio vigore apply to one of the Territories of the United thing so extending the States, because that Territory, while a The Constitution is ex-United States and over no part of the United States. over the old States and distinguished as a strict constructionist affirming that the Constitution of the has in this respect that without showing us any clause in the lin among eminent gen-Constitution in any way leading to that

THE CONSTITUTION'S LIMITS. One idea further upon this branch of the subject. The Constitution of the at it by any reason-traited States extending over the Terri-an only be arrived at tories and no other law existing there!

this must be so, else ment could proceed, without any other ment could proceed, without any other mathematics must be lost. created by the Constitution of the United States. Does the Constitution of the United States settle titles to land? Does it fix the relations of parent and child, guardian and ward? The Consultation of sentlemen the United States establishes what the tain great purposes, leaving all the great not citizens of the United States, and that the hamry would to derive their existence from State en-

That is the just view of the state of ish the puller fran-things under the Constitution. And a of the constitution is the puller fran-State or a Territory that has no law but 10 per cent below that imposed upon all republic, has too many pages of its his imagic pen of Walter Scott in the pages to that the constitution foreign products entering the ports of the United States must be entirely the United States was not a violation patriots who fought under its great lead—of the United States must be accorded to the without any State or Territorial govern—of that provision of the Constitution remainder. Some license must be accorded to the without any State or Territorial govern—of that provision of duties throughout freedom and civil liberty to be accused from ancer, as well as to the poet.

The honorable Senator from South quiring uniformity of duties throughout freedom and civil liberty to be accused for the united States.

terly repugnant to the Constitution. The tees. The following day, the bill authoragainst the slavebeen regarded as coming under that genterly repugnant to the Constitution. The tees. The following day, the bill authoreral provision for making rules for Ter- Constitution of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United States has proizing the President to take posterior of the United ritories. We have never had a Territory vided for them an independent judiciary; and govern Louislana was reported. It with as besoverned as the United States is govern- for the judge of every court of the gave the President, Thomas Jefferson, the
ed. The Legislature and the Judiciary United States holds his office upon the founder of Democracy, despotic power tenure of good behavior. Will the gen- over that territory. tleman say that in any court established in the Territories the judge holds his office in that way? He holds it for a term of years, and is removable at Executive discretion.

> was a State? Did the writ of habeas corpus exist in Louisiana during its Territorial existence? Or the right to trial by jury? Who ever heard of trial by jury there before the law creating the Territorial government gave the right to trial by jury? No one. And I do not believe that there is any new light to be United States, but property belonging to thrown upon the history of the proceed-ings of this Government in relation to been acquired it has always been subject they did this independent of the limitato the laws of Congress, to such laws as Congress thought proper to pass for its mediate government, for its governent during its Territorial existence, during the preparatory state in which it was remain until it was ready to come into the Union as one of the family of States.

TAWNEY'S INTERPRETATION.

Tawney of Minnesota, in Dally Congressional Record, March 3, 1900.) All these questions were considered in this House almost a hundred years ago the contemporaries of the men who de the Constitution. Congress decided that territory could be acquired, held, and governed indefinitely as such; that territory was not a part of the United States; that the civilized native inhabitants were Congress, notwithstanding treaty stipulations,, and that the admission of Spanand French products into the ports of the ceded territory at a rate of duty

THE TEMPORARY VIOLATION.

was only temporary. There is no such mantic type of novel, and especially of thing as the temporary violation of the historical romance. thing as the temporary violation of the fundamental law of our land. The party that violates it temporarily may perpetcate that violation as long as it remains

in power. No, it was not a violation of the Conit, they proceeded to make such rules and regulations for the government of

tions of the Constitution. In view of all these historical facts, in view of all the acts of practical contem-poraneous construction I have cited, and cided to the contrary, it is impossible for any man to successfully contend that the power of Congress over territory to benefit of the advice and criticism of which the Constitution and laws of the Mr. Gorham D. Gilman, of Boston, who Union have not been extended is not ple-

need not alarm the inhabitants of our insular territory. Nor will gentlemen upon the other side ever have any real oc. new give to the people of Porto Rico a bend that plenary though this power is. it will never be exercised over them as the legistlative power of many States under Democratic control is now exercised. No; the Republican party, born out of the agonles of a long-suffering people cient Hawaiian life in peace and in trampled upon by the most corrupt and war is probably as near to historic it is hardly necessary that any cae-

## DR. TWOMBLY'S

A Romantic Tale of the Days of Kamehameha the

"Kelea, the Surf Rider: A Romance of Pagan Hawail," is one of the latest books on the Hawaii of ancient days which has been published. The following review is by a well known kamaai-

During the last few years we have seen a remarkable revival of the ro-

The great popularity of the novels of rent. Hawaiian history has been rich in picturesque materials for romance, Having decided the day be- not only in primitive times, but also fore that territory is not a part of the during the recent period of transition. The historian, Jarves, led the way ed strain of foreign bloo with his romance of "Kiana," which a shipwrecked ancestor. has been followed by several attempts that matter. When new territory has Louislana as they deemed needful, and in the same field by other writers, of which "Kelea" is the latest and best characters are alive, and not mere fig-

> having lived and traveled in the Islands to flag. during the year 1894, and of having made a thorough study of Hawaiian history and folk-lore, the results of which he has embodied in his work entitled "Hawaii and its People," written for the young people. He had also the is an old kamaaina.

It may safely be said that "Nelea contains more of the genuine thevor of old Hawaii than any of its presses ssors, although it is not free from a slight anachronisms, such as carrying a bundle on her head (page We will 12), the use of a battle axe in war, the allusion to the honey bee (page 280). the royal present composed of land shells, achatinellae, instead of the favorite Neritae, from the sea, etc. But, after all, the picture given here of an-

freedom and civil liberty to be accused by its Democratic opponents of seeking the author has chosen the period immetric to oppress any people of any race or collinately preceding the arrival of Captain that the must be from his long experience in the different branches of the Government that the Congress of the as far as this branch of the Government that the famous battle of the sandhills near the famous battle of the fa

of that warlike time. The characters of the leading chieftains, the crafty and cruel Kahekili of Maui, the weak BOOK ON HAWAII and ill-fated Kahahana of Oahu, of Kamehameha and Kalaniopuu, the King of Hawaii, are drawn with a strict adherence to historical truth, and without transforming them into European knights of chivalry. The supernatural element, which has been so-lavishly made use of by Dr. Newelland other writers, has been excluded from "Kelea," and the author has kept within the limits of possibility, not to ay of probability. Hookama's feat of kuling a shark was a familiar one to Hawaiian fishermen. The Caliban-like dwarf, Menehune, and Lou, the birdcatcher and guide to the volcano, are original characters, and are made useful in the unfolding of the plot.

As to the two-fold love story, which is interwoven with the romance, it is necessarily idealized, and adorned with flowers which could not flourish in the soil and environment in which they are Weyman, Churchill, Miss Johnson and set. Still, the character of the heroine, Weyman, the direction of the cur. Kelea, strikingly resembles that of certain well known personages in Hawaiian history. Her rival, the refined and tender Pua'loha, impresses us as unreal, and the author hints at an inherited strain of foreign blood, derived from To conclude, the story has the cardi-

nal merit of being interesting. The Dr. Twombly enjoys the advantage of ures, and the action is never allowed W. D. A.

#### At the Seaman's Club.

A musical entertainment last evening at the Seaman's Club under the auspices of the Epworth League of the Methodist Episcopal Church, was a marked success judging from the enthusiasm manifested by the sailors and town-folk present. A program made up of songs, recitations and instrumental solos was very pleasing. Among those who assisted were Mrs. Petrie, Mr. Gilmore of the Normal School, Rev. George L. Pearson, Messrs. Chamberlin, Moon and Abernathy. A number of sailors rendered some pleasing musical numbers.

When you cannot sleep for coughing, doses of Chamberlain's Cough Remedy to allay the irritation of the throat, and make sleep possible. It is good. Try it. For sale by Benson, Smith & Co., Ltd.